

TOWN OF GROVELAND

GROVELAND COUNCIL ON AGING
BOARD OF DIRECTORS MEETING

MINUTES 05/18/2016

JUN-6 PM 3:31
TOWN CLERK
RECEIVED/POSTED

CALL TO ORDER: 9:35 AM. Motion by Ron Mertens, second by Frank Sadowski

ATTENDING: Anita Wright, Lynne Stanton, Ron Mertens, Frank Sadowski, and Dot DiChiara

ABSENT: Carl Much and Laurel Puchalski

MINUTES: Review of minutes from March 16 and April 20. Motion to accept without correction by Dot DiChiara, second by Frank Sadowski.

TREASURER REPORT: Discussion of Lynne's plan for purchase of a new laptop with funds of Expense Acct vs. funds of Formula Grant. Also discussion of closing the Friends of the COA Travel Account (no longer needed) and to use those funds to open a new Building Fund. Treasurer's Report reviewed and accepted as submitted. Motion to accept by Ron Mertens, second by Frank Sadowski.

DIRECTOR'S REPORT: Old Business: Quick review of prior business. Discussion of our ongoing Senior Center Visits.

New Business: Lynne would like to work with our new Police Chief to establish a Safe Return Policy - expedite and aid in locating older citizens, citizens with cognitive deficiencies and children who have wandered away from their homes. Melrose has a very successful program that involves taking photographs and fingerprints of those at risk and keeping them on file at the police station and COA. She feels this would serve as a good model for such a program in our community.

Discussion to increase nominal fees for birthday donations and road trips, both locally and to Boston. There has been no increase in at least 10 years. *Approved*
New Outreach Coordinator was given her 6 month review.

Presentation of Phase One Outline for the Senior Center Project by Anita Wright and discussion with the Board to move forward.

COMING EVENTS: New Tai Chi class starting on Thursdays at 2PM.

NEXT MEETING: 06/15/2016, 9:30 AM, at Public Safety Building.

ADJOURNED: 10:45 AM. Motion to adjourn by Ron Mertens, second by Dot DiChiara.

SUBMITTED: Frank Sadowski

Groveland Council On Aging

Director's Report

May 18, 2016

Old Business

- ☞ **COA Senior Day** Held May 12—Refreshments provided by Groveland Police Assoc. Smaller art display than usual this year. Davis Bates' performance well attended w/ ~30 people.
- ☞ **SHINE Recertification Exam** Exam completed for May 10 meeting. Will receive results at June 14th meeting. Always something new to learn!
- ☞ **Men's Breakfast**—May program was well received ("Iceland" w/ John Osborne). Food was enjoyed ... Diner still catered the breakfast, even though under new ownership. Old cook is now new owner. His partner came in to COA to introduce himself. We may open the fall breakfast by inviting all (not just men).
- ☞ **Health Eating / Successful Aging**—Well attended (8 folks), even though it's quite a time commitment.
- ☞ **Town Meeting** FY 2017 Omnibus budget passed. COA expense budget was not cut and non-contractual employees received a 2% increase.

New Business

- ☞ **Elders** No serious problems at this time.
 - ☞ **COA / Police "Safe Return" Initiative** Met briefly with Dep. Chief Gillen re. a new program I'd like to initiate in the fall. The "Safe Return" program was originally created in Melrose with the cooperation of the COA director and their chief of police. Program assists police/families with "wandering" individuals, whether over 60 with dementia or younger citizens with developmental/intellectual deficits and/or autism. Mortality rate is high for both age groups when they go missing. Discussion.
 - ☞ **Staff** All is well. Katherine Shaw's attended two useful programs this month: An Elder Services "Outreach Forum" with Merrimack Valley COA staff, and a regional "Housing Options" workshop in Chelmsford.
- As warm weather arrives, each of us will be taking vacation time. Will schedule all time off around programs / events. Dates / discussion.
- ☞ **FY16 Budget** On track. See Treasurer's Report. Paperwork submitted to Groveland Cultural Council for reimbursement of performance fee paid by COA to Davis Bates.
 - ☞ **New Senior Center Initiative** Included is the question / checklist Anita asked to be used during Senior Center visits. Chelmsford and Tyngsborough centers were visited on May 17. Discussion. Also included is *Boston Globe North* article from May 15th paper (thank you, Anita).
 - ☞ **COA World Tour** **Tour 2: Tues., June 21 (need to change this date) Amesbury + Swampscott**
Tour 3: Mon., June 27 Sterling + Templeton **Tour 4: Thurs., July 12 Andover + No. Andover**

Coming Events

- ☞ **New Fitness Class** Tai Chi with Susan Tribble. Thursdays at 2:00pm
- ☞ **Social Hour at the COA** Thurs., June 2 at 10:30am
- ☞ **June Van Trips** (Thurs.) June 16 Perkins Cove, Ogunquit ME—(Tues.) June 21 Tower Hill Botanic Gardens—(Thurs.) June 30 Mitch's Mystery Ride
- ☞ **Birthday BBQ** Thurs., June 9 at 12pm Serving hot dogs/hamburgers/salads. Entertainment with Russ McQueen.
- ☞ **Prescription Advantage**—Wed., June 15 at 10:00am Information / talk on our state prescription program w/ Kathy Devine.
- ☞ **Senior Medicare Patrol**—Thurs., June 23 at 10:30am Program on insurance / billing / Medicare fraud
- ☞ **July / August Newsletter** A combined issue. All info needed by June 15.

Next COA Board Meeting:

Date: June 15 Time: 9:30am

Police Safety Building – Conference Room